

Sun City Center Yoga Club

Minutes of Board Meeting Dec. 4, 2024 Palm Room

Call to Order 3:00 pm

Attendees:

Diane Gill, Debbie Carlson, Deb Chapel, Vicki Kosin, Joel Richmond, Robin Welser, Jill Mask

Approval of Minutes: Jan. 9, 2024 and March 3, 2024 (approved)

Basic Yoga Class: There was a discussion about having a Basic Yoga class which has been on record for several years with no resolution. Vicki had a meeting with the Yoga Instructors about teaching a class but no one was interested in doing it. It was brought up about ways to encourage new members who might be interested in Yoga but were afraid to try it because of lack of knowledge about how difficult it might be. Joel brought up the fact that there have been several people who came to one or two classes but never returned. We are not sure why. It was suggested that an email be sent to those people asking for feedback about why they did not return. It was also discussed to provide videos for people who did not know much about yoga. It was then decided that one thing we could do quickly was to add the words Level I, Level II, Level III to class calendar and/or descriptions. At this time it was decided that a Basic Yoga class will be offered as a Pop-Up hopefully in January of 2025.

More Room for Classes: The two largest classes are Teri's and Deb Frosts classes. Joel would like to request a working meeting with Carrie (scheduler) to see if a group with a larger classroom during the 8 am and 11 am times would be willing to swap locations.

Club By-Law Revisions: It was agreed that we will have a working session to remedy this.

Teacher Fee Waiver: Fees for 2025, and Teacher Certifications. All teachers are now certified. It was agreed to waive all fees for teachers. Current fees of \$20 to join and \$10 month for classes. Discussion of pay for teachers. Pay at other clubs as follows: Valencia Lakes \$49. Kings Point:\$15-\$25 Plus Perks. Optimum \$45 for 45 min class. T & J (new Salon) \$35. SCC \$35. It was proposed to raise pay for Instructors to \$40 per class for certified instructors. It was also proposed and passed to raise yearly membership to \$30 per person for 2025 and increase the monthly possibly in 2026.

Revised Liability form was accepted.

Equipment: New 4" blocks needed, approx. 10. Instructors want Pilate balls, approx. 30 and mesh bags. It was agreed to go ahead and purchase the needed equipment.

Holiday Gathering : Will be held in the Yoga Studio on Wed. Dec. 18th from 2-4 pm. Food and drinks provided. Please feel free to bring appetizers, etc.

Spring Solstice: Scheduled for March 22, 2025 in the Community Hall at SCC.

Education Chair: Is vacant. Discussion postponed.

Recognition for Sandee: She has received flowers and cards, plus a dinner out. A plaque will be ordered and presented.

General Meeting: Scheduled for January 15, 2025 from 3- 5 pm in the Eberhardt Building.

Annual Meeting and Board Elections: President, Vice President, and Secretary posts are all up and the end of 2025. Please start soliciting people starting in September of 2025 for these posts.

Treasurers Financial and Membership Reports: Were received and discussed. The club is in good shape as far as the non profit status. The money is good for another year, and with the new joining fee of \$30 and raising the monthly fee we are stable.

CA Donation and other Donations: for \$350.00 same as last year. Approved to donate \$250 to Warriors Place. Also to add a Donation cannister to Spring Equinox for cash donations plus request a food item.

Hardship Cases: None pending but decided should only be to SCC residents since Kings Point residents' cost of classes are covered by their association fees.

Regarding Email Tutorial: All members encouraged to go to website and look for the link for the Training guide.

Sound Meditation: An Evening Pop Up hosted by Diane Gill will be set up at her discretion.

Other: Deb Chapel will color print Deb Frosts flyers Nov-May. Diane Gill will cover this during June-Oct.

Adjourned: 4:45pm